

Neat Egg

Nutrition Facts

18 servings per container

Serving size 1 Tbsp (7g)

Amount Per Serving

Calories **25**

% Daily Value*

Total Fat 0.5g **1%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **10%**

Total Carbohydrate 4g **1%**

Dietary Fiber 2g **7%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 2g **4%**

Vitamin D 0mcg **0%**

Calcium 32mg **2%**

Iron 1mg **6%**

Potassium 70mg **2%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.